

October
1983

NEW YORK CYCLE CLUB

IN ITS 47TH YEAR

October
1983

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what a
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375 members
weave

P.O. BOX 877, BROOKLYN, NY 11202

Ride Listings

GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.
- 5) Eat a good breakfast.

RIDE CLASSIFICATIONS

		<u>Riding Pace</u>
"A+": ANIMALS:	Anything goes. Eats up roads, hills and all.	17+ mph
"A": SPORTS(WO)MEN:	Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stops every two hours or so.	14-17 mph
"B": TOURISTS:	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stops every hour or two.	11-14 mph
"C": SIGHTSEERS:	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stops every half to one hour.	8-11 mph
"D": BEGINNERS:	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.	-8 mph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form: "A" rides: Claire Goldthwaite (228-0828); "B" rides: David Moses (444-5681); "C" rides: Gregory D'Agostino (272-4271)

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

Sat Oct 1 LEADERLESS RIDE. Meet at the Central Park Boathouse for a ride to a destination to be decided by the people who show up. As there is no leader, everyone is responsible for himself/herself.
"A"
8:30 am

Sun Oct 2 THIRD ANNUAL BILL BAUMGARTEN MEMORIAL ALL-CLASS CLUB RIDE TO KINGSLAND POINT PARK. On June 26, 1981, Bill Baumgarten, a leader of many rides into Northern Westchester, was struck down and killed near Tarrytown by a tow truck going in the opposite direction, which made a left turn into him. Bill was to lead a ride that coming Sunday and he may have been scouting that ride. Later that season, the Board of Directors decided to memorialize Bill by dedicating an annual All-Class Club Ride, through the upper Westchester County which he loved so much, to Bill's memory. Choose one of four rides from "A+" to "C", arriving at Kingsland Point Park at 1:30 pm for lunch and socializing with the rest of the club. We will leave the park at 2:30 and return via the standard Route 9 - Warburton Ave route. All riders are encouraged (but not required) to return as one All-Class group. Note: To get to the park, head North on Rte 9, to Rte 448. Stay on Rte 9 and coast down the hill. At the bottom of the hill, follow the blue and white signs. There are delis on Main Street and on Rte 9 in the town of North Tarrytown.

"A+" 70 mi
9:00 am Leader: Chris Mailing (879-6199). Meet at the Central Park Boathouse for a ride via Mamaroneck to Chappaqua and White Plains. Food stop will be in White Plains and then on to Kingsland Point Park by 1:30 pm. Much of the ride will be ridden in a double pace line formation as presented at the June Club Meeting. Maps will be available. Estimated riding time to the park is 3 hours. Rain cancels. For further information, call Chris.

"A-" 90 mi
7:30 am Leader: Doug Blackburn (888-0048). Meet at the Central Park Boathouse for a moderately hilly ride up Rte 9, past the Croton Reservoir and on to Golden's Bridge. NO breakfast stop, but several short water and snack stops along the way.

"B" 50 mi
9:30 am Leader: David Miller (work 594-5265 and home 794-9365). Meet at the Central Park Boathouse for a ride past the scenic estates in Hastings, Dobbs Ferry, Irvington and Tarrytown to Kingsland Point Park for lunch.

"C" 30 mi
10:30 am Leader: John J. Mulcare (568-1616). Meet at the northernmost end of the IRT #1 subway line (Broadway & 242 St in the Bronx) for a pleasant ride up the eastern bank of the Hudson River to Kingsland Point Park. Bring or buy lunch. Somewhat hilly.

Fri-Mon
Oct 7-10
"A/B/C" SULLIVAN COUNTY OCTOBER RALLY (SCOR) Leader: Catskill Wheelmen. This annual rally requires advanced registration. See the September Bulletin for complete details.

Sat-Mon
Oct 8-10
"A+" 250 mi NEW YORK TO WASHINGTON IN 24 HOURS Leader: AYH(431-7100). This annual marathon will be run again this weekend. A pre-trip meeting (required) is scheduled about two weeks before the ride. Contact AYH for details.

Sat Oct 8
"A" 100 mi
6:30 am THE ANCIENT MARINER Leader: Massapequa Park Bicycle Club. This is an annual fall century from Massapequa Park to Montauk with return transportation by train that same evening. See the details on page 11 in this bulletin.

Sat Oct 8
"A"
8:30 am LEADERLESS RIDE. Meet at the Central Park Boathouse at 8:30 am for a ride to a destination to be decided by those riders who show up. As there is no leader, every rider is responsible for herself/himself.

Sat Oct 8
"B" 65 mi
9:00 am CROTON DAM Leader: Marsha Taggart (914-962-5991). Meet at Jerome Ave at the last stop of the #4 train. Bring lunch or the money to buy it. Picnic at Croton Dam Park.

Sat Oct 8
"C" 30 mi
10:00 am JAMAICA BAY BIRD SANCTUARY Leader: Herb Wasserman(859-0845). Meet at the Roosevelt Island Tramway Plaza, Second Ave and 59 St. We'll follow Queens and Woodhaven Blvds to the bird sanctuary on Broad Channel Island. If time permits, we will return by way of Roosevelt Island and the tramway. Bring lunch or buy it enroute.

Sun Oct 9
"A"
8:30 am LEADERLESS RIDE. Meet at the Central Park Boathouse at 8:30 am for a ride to a destination to be decided by the riders who show up. As there is no leader, every rider is responsible for him/herself.

Sun Oct 9
"B"
45-85 mi
9:00 am LONG ISLAND DIAL-A-RIDE Leaders: Alinda Barth (441-5612) and Ed and Sara Flowers (544-9168) and Boris Potievsky (381-9064). Ride with us (or part of us) any Sunday in October to a Long Island destination(to be determined by weather, whim and suggestion). Possibilities: Kingspoint in Great Neck, Bayville, Planting Fields Arboretum, Cold Spring Harbor, Caumsett State Park, Northport and Eaton's Neck. Rides will begin at the Statue on Queens Blvd and Union Tpke ("E" or "F" train to Union Tpke) promptly at 9:00 am. CALL IN ADVANCE FOR SPECIFICS AND WEATHER-DOUBT CLARIFICATION..

Sun Oct 9
"C" 20+ mi
11:00 am DAILY LAMA SUNDANCE Leaders: Herb Wasserman (859-0845) and Murray Melnick (CH3-2231). Meet at the auto entrance to the Staten Island Ferry for a mostly flat ride, with two or three short steep hills, to the Tibetan Museum, adjacent to the Richmondtown Restoration on Staten Island. Bring lunch and a repair kit. Rain cancels.

Sat Oct 15
"A"
8:30 am LEADERLESS RIDE. Meet at 8:30 am by the Central Park Boathouse for a ride to a destination to be decided by those who show up. As there is no leader, every rider is responsible for self..

Sat Oct 15
"B+" 84 mi
7:15 am BEDFORD VILLAGE AND CONNECTICUT Leader: Roy Lawrence (TR7-2292). Meet at the Central Park Boathouse at 7:15 am or at 240 St and Webster Ave in the Bronx (#2 train to 238 St and then down the hill) at 8:30 am for a somewhat hilly ride to Westchester and Connecticut. There are several food stops. Rain cancels. (Note: if you start from the Bronx, the ride is only 60 miles.)

Sun Oct 16
"A" 110 mi
7:30 am RIDGEFIELD FALL FOLIAGE CENTURY Leader: Chris Mailing (879-6199). Meet at 7:30 am at the Central Park Boathouse for a ride to Ossining, Somers and Ridgefield, Connecticut. Return via Bedford, Mt Kisco and Pocantico Hills. The ride, which will take place during the projected height of the fall foliage season, is one of our most scenic rides. Food stops in Ossining and Tarrytown. Estimated riding time: 7 hours. Maps will be available. Rain cancels. Portions of the ride may be ridden in a double pace line. For further information, call Chris.

Sun Oct 16
"B"
45-85 mi
9:00 am LONG ISLAND DIAL-A-RIDE. See the Oct 9 listing for details.

- Sun Oct 16. AL GOLDBERG'S ROUTE TO THE PATTERSON FALLS Leaders: Irv Weisman (562-7298) and Maffie Clarke(567-8272). Meet at 8:00 am at the Coliseum (Broadway and 60 St), or at 8:45 am in the World Trade Center PATH Terminal Upper Concourse, near the escalators and a coffee shop, for the 8:45 train to Newark (bring 50¢ in change). Ride through Branch Brook Park, see beautiful suburbs dressed in fall foliage and follow the Passaic River to the picnic grounds by the falls. Bring lunch. An ice cream store and "greasy spoon" luncheonette may still be nearby. Return to the George Washington Bridge by 4:00 pm via a series of demanding hills, including the Fort Lee Hill. Gears in the low 30's are strongly recommended. This ride is suitable for C+ riders who are willing to exert themselves. Joint Sierra Club ride.
- Sun Oct 16 "B-" 48 mi 8:00 am BIG APPLE BIKE RIDE Leader: Bernie Brosk(279-1907). Meet at 10:30 am at Columbus Circle for a tour around Manhattan. Not a century ride but the ride of the century. We'll pass Gracie Mansion, the 34th Street Heliport, the South Street Seaport Restoration and Battery Park. There will be lots of opportunities to stop for a quick bite. We'll finish the ride at our favorite watering hole: Barnabus Rex. Joint AMC ride.
- Sat Oct 22 "A" 70 mi 8:00 am ARMONK-CHAPPAQUA MYSTERY RIDE Leader Rich Herbin (666-2162). Meet at the Central Park Boathouse at 8:00 am for a mystery ride, by an undisclosed route, to the Armonk-Chappaqua region.
- Sat Oct 22 "B-" 40 mi 9:45 am WESTCHESTER FOLIAGE TOUR Leader: Maggie Clarke (567-8272). Meet at the triangle park at Broadway and Dyckman St (200 St) ("A" train to Dyckman St) for a moderately paced ride along the Hudson River and the Croton Aqueduct (dirt) path at the height of the fall foliage. We will visit Washington Irving's home (Sunnyside) or another museum in the area. Bring lunch, spare tube, tools, lock, etc. Return by mid to late afternoon. For rain date, call Maggie. Joint Sierra Club and T.A. ride.
- Sat Oct 22 "C" 25 mi 9:00 am SHAZZAM! AND THEN THERE WAS LIGHT Leaders: Lorraine Gewirtz (832-9073) and Sherman Cohen (332-1990). Meet at 9:00 am, 33rd Street and 6th Ave, southwest corner, for the PATH train to New Jersey. Cycle to West Orange to visit Glenmont, the 1880 Victorian home of the "Wizard of Menlo Park," Thomas Edison. Bring(or buy) lunch, lock and spare tube. If the weather is uncertain, phone 332-1990 the night before the ride till 10:00 pm. Joint AMC ride.
- Sun Oct 23 "A" 100 mi 7:00 am CONNECTICUT MYSTERY Leaders: Doug Blackburn(888-0048) and Steve Sklar (245-3245). Meet at the Central Park Boathouse for a ride in the general direction of Westport, Connecticut, which promises some beautiful country roads but which makes no promises as to the number of hills. There will be two food stops. Estimated riding time: 7-8 hours.
- Sun Oct 23 "B" 45-85 mi 9:00 am LONG ISLAND DIAL -a-RIDE. See October 9 listing for details.
- Sat Oct 29 "A" 8:30 am LEADERLESS RIDE. Meet at 8:30 am by the Central Park Boathouse for a ride to a destination to be decided by those riders who show up. As there is no leader, every rider will be self-responsible.
- Sun Oct 30 "A-" 75 mi 8:00 am SOUTH ROCKLAND SORTIE Leader: Rich Herbin(666-2162). Meet at the Central Park Boathouse at 8:00 am for a prompt 8:15 departure, or at the New York side of the George Washington Bridge at 8:55 am. Thirty miles of suburban riding to the Friendly's in Mahwah are rewarded by a scenic loop through an apple orchard and a thrilling descent down South Mountain Road. Return via shoreline park trails and Rte 9W. A few steep but short hills are included to prevent complacency; otherwise the route is moderate.
- Sun Oct 30 "B" 45-85 mi 9:00 am LONG ISLAND DIAL-a-RIDE. See the October 9 listing for details.
- Sun Oct 30 "C" 50 mi 8:30 am WASHINGTON SQUARE TO BREEZY POINT WITH BAHENSKY Leader: Marion Bahensky(242-7688). Meet at 8:30 am at the Washington Square Arch for a ride of 50 flat and slow miles (or meet in Brooklyn at 9:30 am at the Brooklyn Bridge footpath exit, or at 10:30 am at the 69th Street pier). Ride through Brooklyn Heights to the bike path along the shore. Bring lunch or buy at Sheepshead Bay. Ten speeds advised. Bring spare, pump and lock. Rain or gales cancel. Joint AMC ride.

October Club Meeting Program :

THE NEW YORK CYCLE CLUB (NYCC) at the PARIS-BREST-PARIS (PBP)

-- Carole Chavanne, V.P./Programs

This summer, 12 strong and crazy New York cyclists (9 of whom are NYCC members) flew to Paris to participate in the grueling PBP bicycle event. The cyclists in this ride are expected to cover 760 miles of rolling French countryside within 90 hours (no time to sip wine in the vineyards!).

Come hear Steve Bauman, PBP participant and organizer of the New York contingent, share stories and explain the PBP to you. He'll show slides and tell you about the ride and let you know how the award-winning group fared.

Be prepared to hear as well from any of the following NYCC members who also participated in the PBP:

Alex Bekkerman, Carlisle Calnek, Michael DeLillo, Gerry Flanders, Gary Krzynowek, John Lubaszka, Jim Rex, and Maxim Vickers. (Sample below)

So come and enjoy the tales of the New Yorkers in Paris, on Tuesday, October 11, at 6:30 pm for cocktails, and 7 pm for dinner, at the Steak and Brew Burger, Pearl Street between Broad and Whitehall Streets, downtown Manhattan, near the Staten Island Ferry Terminal. Subway stations: N, RR - Whitehall Street; #1 - South Ferry; #4, #5 - Bowling Green; #2, #3 - Wall Street; J, M - Broad Street. See September bulletin for map and details about the restaurant.

BUG-EYES, by Maxim Vickers

I notice them while rounding the sharp downturning right out of the lengthening stonehouses' shadows into the vivid sunlight of late afternoon -- on the other side of the Varenne where the street takes a rise and a twist up the river bank next to the little cafe where "les vieux" sit, over their Pernods, watching intently.

Bug-eyes.

All shapes and sizes, shorts and kneesox, and club jerseys some of them, and those few proud owners of midget racers display them prominently.

Bug-eyes.

Craning their necks, standing on tiptoe to spot each rider as he emerges onto the right embankment and tucks down to the bridge, decked in gaily arranged flowers, cheering and clapping as each scurries across, scales the little rise and disappears around the bend, toward Paris.

Bug-eyes aglow at the spinning feet and hunched shoulders, the blur of spokes, jerseys and decals. For the first time ever, France's finest and those foreigners who dare, are cycling through their town, Ambrieres-les Vallées, on that hallowmost ramble of them all -- Paris-Brest-Paris.

Cheering their heads off!

The bridge jolts the bike exquisitely into its every contact point with my body when they recognize my cap.

"Americain!"

Perhaps the first some of them have ever seen.

"Regardes, Jean-Pierre! Marie-Ange!"

"Allez, Etats-Unis! Bravo, Amerique!"

"Allez! Allez! Bravo! Allez!!!!"

The "bosses" by Saint-Nom-la-Bretèche, the pelotons battling stiff southwest across the wheatfields of Digny, the blinding glare of television lights at Tinteniach, the "faux plats" on the way to Carhaix, the sweeping vista of the Atlantic view on the climb up the Roc Trevezel, the "walls" past Landerneau, just before the jam-packed bedlam of Brest, the long trek back; none of these are, only the twisting rise ahead, the semi-stupor induced by three days' worth of road shock, windburn and climb, and those bug-eyes full of adulation.

"Alle-e-e-e-ez!!!!!"

And with quill edges penetrating my soles to the bone at every revolution, I can sense myself rising low on the drops out of the saddle to power the corner like it's done in newsreels, racing posters and prime sprints.

Comme il faut.

Past the quietly nodding weathered faces at the cafe tables behind the tumultuous joy of matchstick arms and missing milkteeth jumping, stomping, waving.

Like in the dreams.

Mine, and the bug-eyes'.

SUMMARY OF THE SEPTEMBER **Board of Directors Meeting** MINUTES, (UNAPPROVED)

1. The Board approved the following resolutions:
 - a. That a proposition to raise dues for 1984 to \$12 (individual) and \$15 (couple) be submitted to the membership for approval;
 - b. That a new Board position be created for Public Relations Director, responsible for coordination of the Club's position on all issues important to the image of cyclists and dissemination of same to the media (subject to membership approval).
2. The Board rejected the following resolutions:
 - a. That any dispute regarding the conduct of smokers in non-smoking areas at the general membership meetings be referred to the President for resolution;
 - b. That the bylaws be changed such that members may cast only one vote for all categories of ride coordinator.
3. The next meeting of the Board will be on October 4.

NOMINATIONS FOR 1984 OFFICERS - THUS FAR*

<u>Office</u>	<u>Nominee(s)</u>
President	Chris Mailing ✓
Vice-President/Programs	Carole Chavanne
Vice-President/Rides	Sara Flowers - Claire Goldschwaite
Secretary	Alinda Barth
Treasurer	Larry Rutkowski - Ed Schweber
Editor	Richard O'Connor - Irene Walter
Membership Director	Maggie Clarke - Christy Gussella - Martha Ramos Aug 10,
Circulation Manager	David Miller
A Rides Coordinator	Lee Gelobter - Rich Horbin - Steve Sklar
B Rides Coordinator	David Moses - Amy Weinstein <i>Alanna K...</i>
C Rides Coordinator	Gregory D'Agostino
Public Relations Director#	Doug Blackburn - Lin Ehrlich

* Nominations will continue, and then close, at the October 11 membership meeting. Ballots will be counted at the November 8 membership meeting, and the results announced at the meeting and in the December bulletin.

If the creation of this office is approved by the membership.

1983 RIDE RESULTS (April-July) -UPDATES and CORRECTIONS

DATE	RIDE	LEADER	CLASS	RIDERS	RIDE MILES	CLUB MILES
7/10	Insomniacs Bike Tour	D'Agostino/Lenat/FOP	C	112	15	1680
7/16	Bayville Beach	Gelobter	A-	7	75	525
7/17	Nyack the Pretty Way	Miller	B	11	60	660

FLASH! from Maggie Clarke and Martha Ramos: LONG ISLAND RAILROAD PERMITTING BIKES! FIRST PERMITS TO BE ISSUED 10/1/83. More information and permit applications will be available at the October 11 membership meeting. METRO NORTH CONSIDERING THE SAME PROGRAM! To urge approval, please write

Peter Stangl, President, Metro North,
347 Madison Avenue, New York, NY 10017

ANCIENT MARINER

FIRST CLASS

Christopher Walling
Gloria Lasoff
324 E 82nd St #3C
NY, NY 10028

DAVID C. MILLER
410 East 75th Street #1C
New York, New York 10021
212-794-8365



APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, its officers and ride leaders blameless in case of accident.

NAME(S) _____ PHONE H. _____

B. _____

ADDRESS _____ APT. _____

CITY _____ STATE _____ ZIP _____

DATE _____ AMT. OF CHECK _____ NEW _____ RENEWAL _____

WHERE DID YOU HEAR OF N.Y.C.C.? _____

OTHER CYCLING CLUB MEMBERSHIPS: (CIRCLE) AMC AYH Bikecent. CCC CRCA IBIS LAW TA
OTHER: _____

1983 membership dues are \$11.00 per individual, \$14.00 per couple residing at the same address and receiving only one newsletter.* Mail this application, with your check, to:

* AFTER LABOR DAY,
DUES ARE HALF
THE ANNUAL PRICE.

The New York Cycle Club, Inc.
P.O. Box 877
Brooklyn, N.Y. 11202.